



Helping Ease Local Poverty since
1979

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Happy Thanksgiving to you and your family from Matthews HELP Center! We would like to give thanks for our generous community that gives us the ability to help our neighbors in need, like this family:

Phyllis and Brandon came to visit Matthews HELP Center in need of some extra help. They have a small child and another on the way. They both work full time jobs to make ends meet, as their monthly child care expenses almost equal their rent payment. When Phyllis became ill due to her pregnancy and she was unable to work, they fell behind on bills. Matthews HELP Center was able to provide assistance with power & clothing to keep their family warm, food to fill their bellies, and a Thanksgiving meal to help them pause in the midst of their crisis. They will also receive Holiday assistance to provide them hope & a sense of normalcy to start off the New Year.

This would not be possible without our continued supporters. Thank you!

From our heart to yours,
The Staff at Matthews HELP Center